

## **ALCOHOL AND DRUG ABUSE**

Daly, N. My Dad. Though the brother and sister featured here dearly love their father, they are embarrassed and increasingly anxious about his drinking. Friday nights start with music and laughter as Dad and his drinking buddies gather around the kitchen table, but the evenings always end in a heated argument between Dad and Mom. The tale ends on a hopeful note, however, with Dad persuaded to join Alcoholics Anonymous. j PAR PIC Daly

Kenny, K. Sometimes My Mom Drinks Too Much. Her feelings toward her alcoholic mother vary as Maureen struggles to understand her mother's illness. j PAR PIC Kenny

Langsen, R. When Someone in the Family Drinks Too Much. A highly accessible title on a troublesome topic, this picture book features a cast of bears who demonstrate the ways that alcoholism can affect a family and explains the feelings the illness can cause (guilt, embarrassment, anger and so on), as well as offering advice on where to turn for help.  
j 362.29 L285

Seixas, J. Living With a Parent Who Drinks Too Much. Describes alcoholism, alcoholic behavior, and resulting family problems. Advises children of alcoholic parents in dealing with these problems and their own feelings and suggests ways to make life more bearable and productive. j 362.82 S

Seixas, J. Living With a Parent Who Takes Drugs. Case reports and explanatory text introduce the warning signs and possible manifestations of drug abuse by a parent and ways of coping with such a problem. j 362.2 S462

Super, G. What Are Drugs? Examines, in simple text and illustrations, what drugs are, what they can do to your body, and the problems of drug addiction. j 362.29 S

Vigna., J. I Wish Daddy Didn't Drink So Much. A Christmas fiasco paves the way for young Lisa to share her feelings and frustrations about the duality of her alcoholic father's behavior, its immediate effect on their holiday celebration, and the long-term effects on her family as well. A realistic portrayal that provides a balanced picture of the sober and alcoholic parent and an early primary age child trying to make sense of it all. j PAR PIC Vigna

Vigna, J. My Big Sister Takes Drugs. When the police bring home Paul's sister Tina, who was found taking drugs in the park, a nightmare begins for the family, and Paul's new friendship with Jose and his plans for soccer camp both seem lost. j PAR PIC Vigna