

SEPARATION ANXIETY

Crist, J. What to Do When You're Scared & Worried: A Guide for Kids. This book is all about fears and worries – things that everyone deals with at some point in their lives. Whether you're scared and worried some of the time or most of the time, this book can help. Chapter 6—Separation Anxiety. j 152.4 Crist James J

Dewdney, A. Llama Llama Misses Mama. Llama Llama experiences separation anxiety on his first day of nursery school. jP Dewdney

Ericsson, J. Home to Me, Home to You. A child at home and a mother flying back from a business trip think of each other as they eagerly await their reunion. jP Ericsson

Fowler, S. I'll See You When the Moon is Full. Abe will miss his father when he takes off on a business trip but is reassured of his return in two weeks, when the crescent moon becomes full. j PAR PIC Fowler

Greenfield, E. First Pink Light. A little boy determines to stay up all night so he can welcome his father home in the morning. j PAR PIC Greenfield

Harris, R. Don't Forget to Come Back! When her parents go out for the evening, a little girl threatens to run off to Alaska but has a good time with the babysitter instead. jP Harris

Howe, J. Pinky and Rex Go To Camp. Although his best friend Rex is excited about going to camp, Pinky is afraid of leaving home. jE Howe

Hughes, S. Don't Want to Go! Lily's mother is sick and her father must go to work, but she does not want to stay with a babysitter, even if it means playing with cute baby Sam, sweet little dog Ringo, and fun big brother Jack. jP Hughes

Penn, A. The Kissing Hand. When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him. jP Penn

Spinelli, E. When Mama Comes Home Tonight. Mother returns from her job to spend an evening of play and bath time with a sleepy, grateful toddler in this comforting picture book. j PAR PIC Spinelli

Viorst, J. The Good-bye Book. A child, on the verge of being left behind by parents who are going out for the evening, comes up with a variety of pleas and excuses. j PAR PIC Viorst

Waddell, M. Owl Babies. Three owl babies whose mother has gone out in the night try to stay calm while she is gone. jP Waddell

Wells, R. Mama, Don't Go! Yoko loves kindergarten, but she doesn't want her mother to leave--until her new friend helps her realize that "mothers always come back."

jE Wells

Willis, J. Don't Let Go! Megan is nervous about her dad letting go of her bike as she learns to ride, and her dad is nervous about how far into the world she will go once she does. jP Willis

Woodson, J. Coming On Home Soon. After Mama takes a job in Chicago during World War II, Ada Ruth stays with Grandma but misses her mother who loves her more than rain and snow. j PAR PIC Woodson

Compiled by the Rochester Public Library.
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