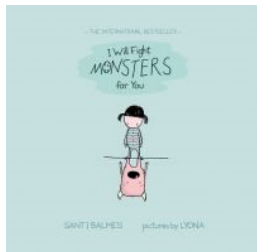


Common Childhood Fears

Monsters Under the Be, the Dark, etc.



Balmes, S. I Will Fight Monsters for You. What if an entire world of MONSTERS lived underneath your floor? Martina is having trouble sleeping because she is afraid monsters might break through the floor and bring her into the monster world where she'll have to learn how to scare humans. Meanwhile, Anitram, a little girl monster, is also having trouble sleeping. There's a noisy little human jumping on the bed in the upside-down world under her floor! Martina and Anitram have more in common than they realize and when a mysterious hole opens up in the floor between their worlds, they are in for a big surprise! A beautiful and clever tale that makes a perfect bedtime story for anyone who is afraid of (or wants to become friends with) a monster!

jP Balmes



Cornell, K. Go to Sleep, Monster! George can't seem to go to sleep. "There's a monster under the bed!" George's sister, Anna, peeks under his bed. When a monster pops out wearing a sheepish grin, Anna knows just how to help out her little brother. "Monster," Anna scolds, "stop scaring my brother! It's time to go to sleep!" The monster under George's bed, however, can't sleep either. He's afraid of the monster under the bedroom floor. In no time at all, Anna tells the monster under the floor to stop all the scaring and to hit the hay.

jP Cornell



Czajak, P. Monster Needs His Sleep. It's time for bed, and Monster needs to go to sleep. But he just keeps finding more things to stay awake for! It isn't until Monster admits he is afraid of the dark that he finds a glowing solution to his nighttime problem. In this playful, rhyming story, Monster shows young readers that, with a little help from a friend, the dark isn't that scary after all..

jP Czajak



Davis, J. Small Blue and The Deep Dark Night. When Small Blue wakes up in the middle of the night, she thinks of hungry things . . . and warty things . . . and hairy things! But are they really as scary as they seem? With the help and comfort of Big Brown, Small Blue slowly begins to imagine fun things in the dark instead of scary ones. Jon Davis's whimsical text and illustrations featuring a sweet father-daughter duo ensure that neither the night nor the unknown will be scary again.

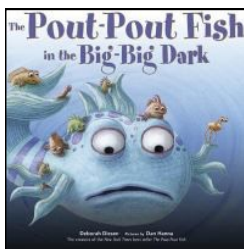
jP Davis

Common Childhood Fears

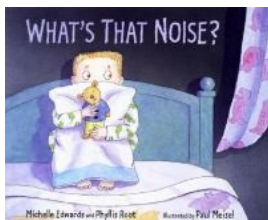
Monsters Under the Be, the Dark, etc.



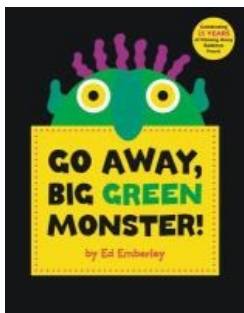
Delacroix, S. Blanche Hates the Night. When Blanche goes to bed, she tries very hard to avoid the night. She makes loud noises to try to wake up the sun, but instead she wakes up angry parents. She sings and fools around, jumping and tumbling on her bed until she is caught again. Eventually, she wears herself out and falls happily asleep. This is a little book about a big problem: going to sleep when you really HATE the night. jP Delacroix



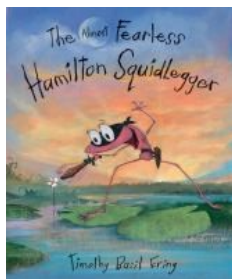
Diesen, D. The Pout-Pout Fish in the Big-Big Dark. Mr. Fish wants to help his friend Ms. Clam when she loses her pearl, but though he's fast as a sail-fish, as smart as dolphin, and as strong as a shark, Mr. Fish has a secret: he's scared of the dark! Young children will swim along with Mr. Fish as he journeys deep into the ocean to new and mysterious places. They will discover, as Mr. Fish does, the power of friendship to light the way through the big-big dark. jP Diesen



Edwards, M. What's That Noise? What's that noise? Alex's little brother, Ben, is frightened when the night noises start up, and he wants Alex to sing a song to comfort him. But will Alex be brave enough to walk across the cold, dark floor with the night noises all around him? jP Edwards



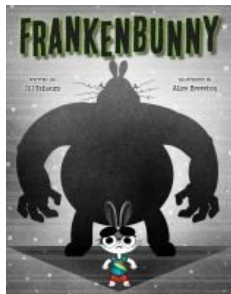
Emberley, E. Go Away, Big Green Monster! Caldecott Award-winner Ed Emberley has created an ingenious way for children to overcome bedtime frights. As kids turn the die-cut pages of this vibrantly illustrated book, they'll watch the Big Green Monster grow before their very eyes. Then, when they're ready to show him who's in charge, they'll turn the remaining pages and watch him disappear! jP Emberley



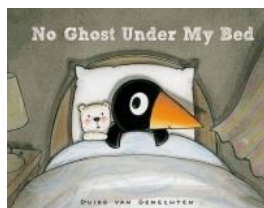
Ering, T. The Almost Fearless Hamilton Squidlegger. Hamilton Squidlegger is fearless! Well, almost. During the day he can best all the frackensnappers, skelecragons, and bracklesneeds in the swamp, but at night he quakes in terror. Will his father be able to help Hamilton remain fearless in his own mud all night? jP Ering

Common Childhood Fears

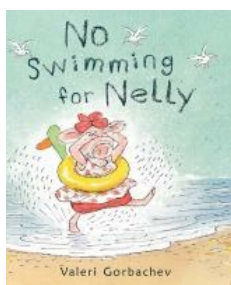
Monsters Under the Be, the Dark, etc.



Esbaum, J. Frankenbunny. Brave is easy in the sunshine. Brave is easy near Papa. But can Spencer the Bunny learn to be brave ALL the time? Spencer's big brothers ALWAYS frighten him with scary monster stories. And the most terrifying beast of all is Frankenbunny, with his crusty fangs, flashing red eyes, and ginormous paws. But when Spencer discovers that his brothers made the whole thing up, he hatches a plan to turn the tables on them and conquer his own fears . . . forever. jP Esbaum



Genechten, G. No Ghost Under My Bed. When a little penguin named Jake becomes afraid of strange noises in his room at night, he calls his father to check out the situation, and when everything from the curtain to the wardrobe and toy box has been checked, Jake feels comforted that all of the ghosts are gone and prepares to sleep. jP Genechten



Gorbachev, V. No Swimming for Nelly. Nelly looks fabulous in her new swimsuit, so she wears it all the time--while riding her bike, playing basketball, eating at a fancy restaurant . . . even while sleeping. But Nelly refuses to wear it for swimming. Grandma, a swimming champion, has other ideas. Finally Nelly, dipping one toe at a time, learns to float, blow bubbles, kick . . . and is on her way to becoming a champion swimmer herself!

jP Gorbachev



Gravett, E. Little Mouse's Big Book of Fears. Spiders: Little Mouse is afraid of them (arachnophobia). Shadows: Little Mouse is afraid of those (sciaphobia). In fact, Little Mouse is afraid of everything. Join her as she faces her fears and records them in her journal - and discovers that even the biggest people are afraid of some things. j GN Gravett



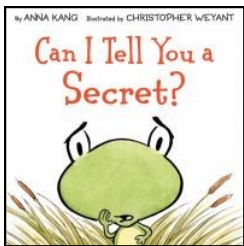
Hicks, B. Jitterbug Jam. Bobo is a young monster who's afraid to sleep in his own bed. He is sure there is a boy hiding beneath it - a boy with "pink skin and orange fur on his head where his horns should be." Bobo's older brother thinks he's a fraidy-cat, but his grandpa, Boo-Dad, knows all about these fearful creatures. And Boo-Dad knows exactly what to do to scare them away. But after being afraid for so long, Bobo might just want to take matters into his own paws and find out if the creature under his bed really is as bad as he thinks. jP Hicks

Common Childhood Fears

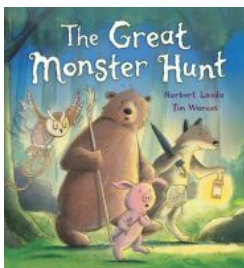
Monsters Under the Be, the Dark, etc.



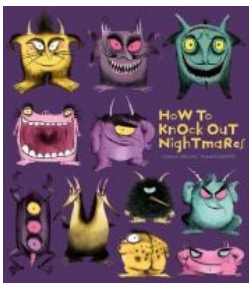
Jenkins, E. The Fun Book of Scary Stuff. There are lots of frightening things out there. Witches. Trolls. Sharks. The DARK! But nothing seems as scary once you turn on the light. In this hilarious picture book, a boy and his two dogs go through a list of all the things, both real and imagined, that make the hair on the backs of their necks stand on end—and come up with a clever way to face their fears. jP Jenkins



Kang, A. Can I Tell You a Secret? “Pssst!” says Monty, leaning out from the right-hand side of the opening spread. “Yes, you. Hi. Could you come here for a sec?” The frog’s hands are joined anxiously, its webbed feet splayed like goofy flippers. After assuring himself that readers can keep a secret, Monty confesses, “I can’t swim. Not even a little bit. And... I’m afraid of the water.” “What’s that? You think I should tell someone? Like my parents?” This turns out surprisingly well (“We know, sweetie”) and offers the beginnings of a solution. jP Kang



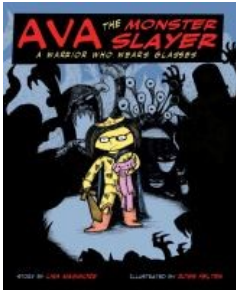
Landa, N. The Great Monster Hunt. When Duck awakens to the sound of “pshh pshh!” coming from under her bed, she is too afraid to look. She calls from her window to Pig and tells him about the scary “pshh pshh, grrr!” sound. The porker goes to fetch Bear, who is strong, and tells of the sound. Soon Wolf and clever Owl are added to the group, and the noise has gotten much longer and more menacing. Owl declares Duck in danger, and Pig is convinced that only a monster would make such a sound. Once monster-catching tools have been gathered, the group makes its way to Duck’s bed, where they discover a tiny mouse snoring underneath. jP Landa



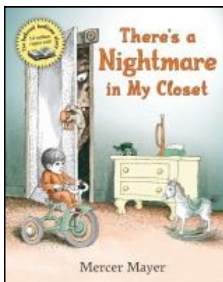
Leblanc, C. How to Knock Out Nightmares. They come at night and disturb our slumber . . . filled with creepy crawlers and daunting demons, nightmares inspire fear in even the best and bravest. Luckily, this book is filled with tricks and tips to finally banish all those bad dreams. Created to help young readers sleep better at night, “How to Knock Out Nightmares” is packed with fun, colorful illustrations and witty text that encourages children to overcome their bad dreams. jP LeBlanc

Common Childhood Fears

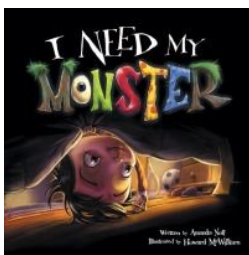
Monsters Under the Be, the Dark, etc.



Maggiore, L. Ava the Monster Slayer. Don't underestimate Ava just because she's "cute" and wears "adorable glasses"—she's really a fierce monster slayer. And when her beloved Piggy is left in the dryer in the basement, Ava knows she'll have to face the ferocious monsters lurking in the dark if she wants to rescue her favorite stuffed animal. So she puts on her brother's superhero cape, grips his sword tight, puts on her pink rain boots and sparkly princess crown, and creeps downstairs to rescue Piggy. jP Maggiore

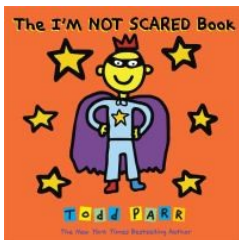


Mayer, M. There's a Nightmare in My Closet. The pesky nightmare in the closet won't stay in there at night, even with the door closed all the way. When he gets out, what do you do? Comfort him and put him to bed, of course! The ultimate afraid-of-the-dark story has helped generations of kids deal with the nightmares in their own closets. jP Mayer

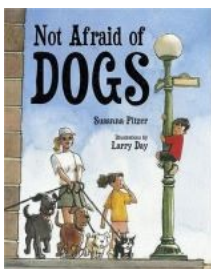


Noll, A. I Need My Monster. One night, when Ethan checks under his bed for his monster, Gabe, he finds a note from him instead: "Gone fishing. Back in a week." Ethan knows that without Gabe's familiar nightly scares he doesn't stand a chance of getting to sleep, so Ethan interviews potential substitutes to see if they've got the right equipment for the job—pointy teeth, sharp claws, and a long tail—but none of them are as perfect as Gabe.

jP Noll



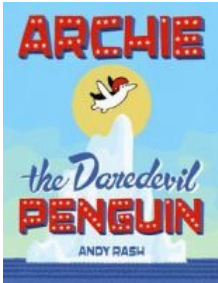
Parr, T. The I'm Not Scared Book. "Sometimes I'm scared of dogs. I'm not scared when they give me kisses. Sometimes I'm scared I will make a mistake. I'm not scared when I know I tried my best." With his signature blend of playfulness and sensitivity, Todd Parr explores the subject of all things scary and assures readers that all of us are afraid sometimes. j PAR PIC Parr



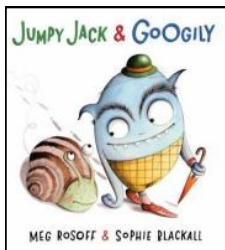
Pitzer, S. Not Afraid Of Dogs. Daniel isn't afraid of spiders. He isn't afraid of snakes. He isn't even afraid of thunderstorms. And no matter what his sister says, he's certainly not afraid of dogs — he just doesn't like them. But there's no avoiding them when he comes home and his mother is babysitting his aunt's dog. j PAR PIC Pitzer

Common Childhood Fears

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Rash, A. Archie the Daredevil Penguin. Gadzooks! Archie the Daredevil Penguin is hiding a dark secret: he's afraid of the water and the creatures who lurk in the briny deep! And it's keeping him from attending the fish fry on Iceberg Nine. But penguins aren't supposed to be afraid of water, especially not daredevil penguins. He musn't let his friends know! Can Archie find a way to soar above the clouds and stay out of the sea? jP Rash



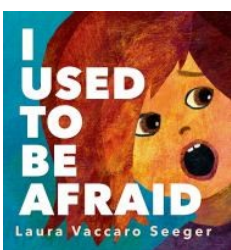
Rosoff, M. Jumpy Jack & Googily. Meet Jumpy Jack, a very nervous snail who's afraid of monsters, and Googily, who is a—well, who is a very good friend, indeed. Wherever they go, Googily kindly checks high and low just to make sure there are no scary monsters about. But as every child knows, monsters come in many shapes and sizes. Some are even blue with hairy eyebrows and pointy teeth. jP Rosoff



Rubin, A. Big Bad Bubble. An ordinary bubble may seem pretty harmless to you. To the monsters of La La Land, however, a fragile, shimmering bubble is an object of terror, and when the frightening habits of bubbles are detailed by a fear-mongering monster, Yerbert, Froofle, and Wumpus run away and cry. But with encouragement from the narrator and from readers—"Go on, Wumpus, you can do it. (Tell Wumpus he can do it.)"—the three learn to confront their fears and triumph over the bubbles! jP Rubin



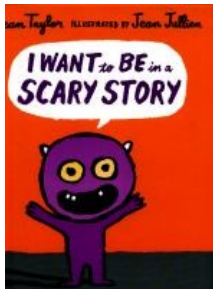
Santat, D. After the Fall: How Humpty Dumpty Got Back Up Again. Everyone knows that when Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall. But what happened after? An avid bird watcher, Humpty's favorite place to used to be high up on the city wall. But after his famous fall he is terrified of heights and can longer do many of the things he loves most. Will he summon the courage to face his fear? This story will encourage even the most afraid to overcome their fears, learn to get back up, and reach new heights. jP Santat



Seeger, L. I Used To Be Afraid. There are a lot of things to be afraid of in this world: spiders, the dark, being alone. This simple, beautifully-crafted picture book, shows children that what seems scary at first, can become magical. It all depends on perspective: a scary spider can actually produce an intricate and gorgeous web and that sometimes the dark can transform into a magical night sky. jP Seeger

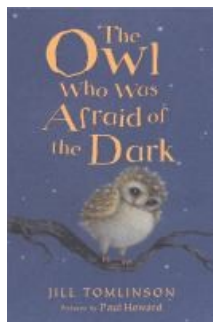
Common Childhood Fears

Monsters Under the Be, the Dark, etc.



Taylor, S. I Want to Be in A Scary Story. Our author would like to write a funny story, but his main character — Monster — has a different idea. He wants to be the star of a chilling, petrifying, utterly terrifying SCARY story. But scary stories . . . well, they can be very scary — especially for their characters! Particularly when they involve dark forests and creepy witches and spooky houses . . . Oh yikes and crikes, this is definitely not the scary story Monster had in mind! Maybe he wants to be in a funny story after all!

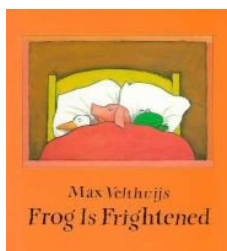
jP Taylor



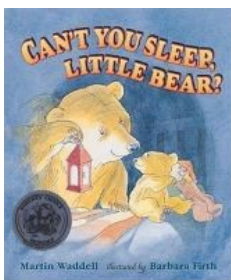
Tomlinson, J. The Owl Who Was Afraid of the Dark. The dark is scary," Plop tells Mommy Barn Owl, who wisely instructs him to learn a bit more about it before passing judgment. Soon, Plop is off seeking new acquaintances, both human and animal, who tell him their favorite things about the evening, from fireworks and campfire singalongs to viewing the constellations. This reassuring tale is aimed squarely at preschoolers, who will thrill to a familiar scenario played out in an unusual setting. jP Tomlinson



Van Leeuwen, J. Amanda Pig and the Awful Scary Monster. Poor Amanda Pig! She's never going to get any sleep with all of the monsters in her room. Or maybe there are no such things as monsters. One thing's for sure, though: Amanda is going to have to be a big girl if she wants the monsters to go away for good. jE Van Leeuwen



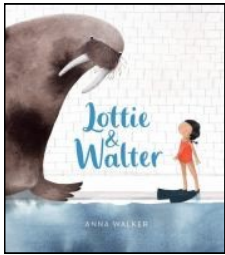
Velthuis, M. Frog Is Frightened. Frog and his friends, Duck and Pig, don't believe in ghosts, until they all hear frightening noises in the dead of night. They huddle together for comfort in Pig's bed. In the morning, it is Hare who gets a real fright when he finds Frog's house empty and gets no answer at Pig's. That's because the three friends are now fast asleep! jP Velthuis



Waddell, M. Can't You Sleep, Little Bear? In this tender account of a sleepless night in the bear cave, Big Bear sets out with all his patience and understanding to show Little Bear that the dark is nothing to be afraid of. When all the lanterns in the cave aren't enough to quell Little Bear's troubled emotions, Big Bear offers—in a final loving gesture—nothing less than the bright yellow moon and the twinkling stars! jP Waddell

Common Childhood Fears

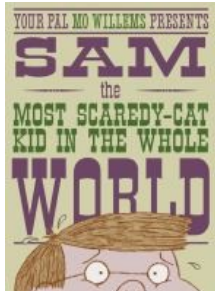
Monsters Under the Bed, the Dark, etc.



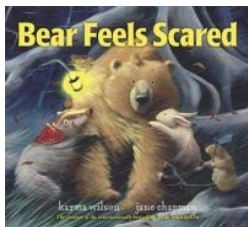
Walker, A. Lottie & Walter. Lottie goes to swim lessons every Saturday, but she never gets in the water. That's because she is convinced there is a shark in the pool, a shark that wants to eat her and only her. But then Walter appears. Walter likes singing and reading books and bubble baths, and his favorite food is fish sticks, just like Lottie. When Saturday rolls around again, Lottie is no more ready to jump in the pool than she was before. Or is she? Sometimes it just takes a special friend to find the courage that was inside you all along. jP Walker



Watt, M. Scaredy Squirrel at Night. Scaredy never sleeps -- sleep might mean bad dreams about dragons, ghosts, vampire bats and polka-dot monsters. Our wide-eyed hero has a plan: stay awake all night, every night. Between counting stars, playing cymbals and making scrapbooks, he does a good job of avoiding dreamland. But when disaster strikes, will Scaredy survive this ordeal? Will he thank his lucky stars? Will he find sweet dreams? jP Watt



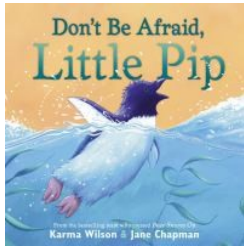
Willems, M. Your Pal Mo Willems Presents Sam, The Most Scaredy-Cat Kid in the Whole World. Sam is afraid of anything and everything-except for his friend Leonardo, the terrible monster. Kerry is afraid of everything and anything-except for her friend Frankenthaler, the other monster. One day, the two scaredy-cat kids make a particularly scary discovery: each other! AAH! EEK! Something has to be done. Something BIG. But what? jP Willems



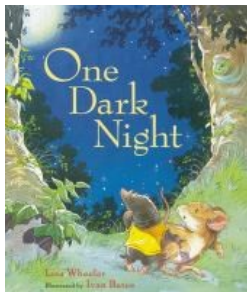
Wilson, K. Bear Feels Scared. While walking in the woods, Bear gets lost, and now the sun is setting and it's getting chilly. When Bear's friends discover that he is not at home in his lair, they march out into the cold to find their pal. Friends don't let friends stay lost! Wren, Owl, and Raven take to the skies while Badger, Mole, and Mouse search on the ground. Pretty soon Bear is found and they return to the lair where they all cuddle up and fall asleep, and finally, "the bear feels safe." jP Wilson

Common Childhood Fears

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Wilson, K. Don't be afraid, Little Pip. Nothing scares Little Pip more than the thought of swimming in the deep dark ocean -- she would much rather learn to fly just like other birds do. But soon it comes time for all the young penguins to learn how to swim, and while Little Pip might not be able to fly the way she wants to, she discovers she can soar in ways she never thought possible. jP Wilson



Wheeler, L. One Dark Night. Evenings at home with Mouse and Mole are always safe and cozy, until one dark night they venture outside for a moonlit walk. Fearful and nervous, the mole relies on the braver mouse to lead them along. Meanwhile, a hungry, impatient bear appears to be waiting for something before he can eat from the full table he has set in his lair. Mole and Mouse become lost and scared, while Bear decides to go out and find what he is waiting for, grumpily approaching the two friends and growling "YOU'RE LATE!" jP Wheeler



Yarlett, E. Orion and The Dark. Orion is a young boy who is afraid of almost everything big dogs, wasps, girls, the ocean, spiders, heights, storms, and...THE DARK. He's listed many ways to solve his fear of the dark, from amazing inventions to capturing the sun, but at the end of each day, "it's bedtime again." One frustrating evening his nemesis returns in a personal visit and invites Orion to join him on an adventure. The Dark leads Orion through his house and community, showing him that the sounds and places he is the most afraid of can actually be fun. The two fast-friends go on one last adventure to Orion's namesake, and Orion realizes that the dark is not scary at all. jP Yarlett