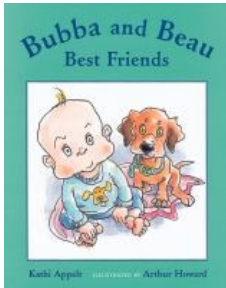
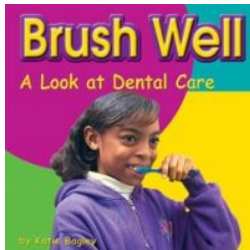


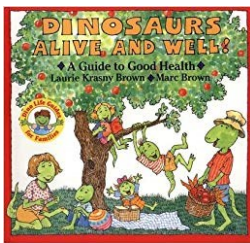
Keeping Clean: Personal Hygiene



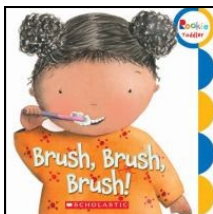
Appelt, K. Bubba and Beau, Best Friends. Best buddies Bubba (a boy) and Beau (a dog) crawl in the mud and inhale the "smelly smell" of their shared blanket. It's a sad day when Mamma Pearl washes the blanket, but it gets worse when she decides they need a soapy scrubbing too! jP Appelt



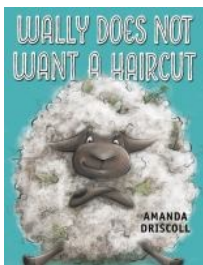
Bagley, K. Brush Well: A Look at Dental Care. Provides an introduction to teeth, brushing, flossing, and the importance of good dental care. j 617.6 Bagley



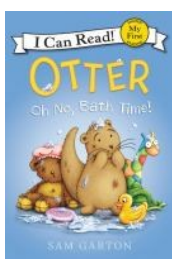
Brown, L. Dinosaurs Alive and Well: A Guide to Good Health. A liberal mix of humorous dinosaurs and lively text create a unique treatment in health education. The smooth style of writing develops the theme across a broad span of coverage, giving information and advice about nutrition, cleanliness, illness, the value of exercise, and how to handle stress (child oriented!). Frequent exposure to this book will help children realize the ultimate goal--that of staying healthy and feeling good about themselves. j 613.0432 Brown



Brush, brush, brush! It's never too early to start healthy habits! This board book, featuring rhythmic, rhyming interactive text, along with bright and energetic full-color illustrations, will inspire little ones to brush their teeth. j Board Brush

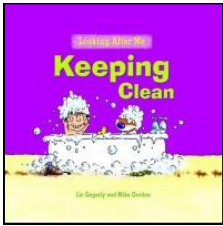


Driscoll, A. Wally Does Not Want a Haircut. Wally does not need a haircut. His hair is perfectly fine. Sure, it trips him up a tad and gathers a bit of greenery. But Wally does NOT want a haircut. He doesn't even want one after his mama and their barnyard friends show off their own fun new 'dos. But when his unruly hair holds him back from the hoedown, he might have to reconsider. jP Driscoll



Garton, S. Otter: Oh No, Bath Time! Otter and Teddy love to play in the garden. But when they get dirty, they have to do something they do not love at all: take a bath! Otter Keeper says bath time is fun, but Otter and Teddy are not so sure. . . . jE Garton

Keeping Clean: Personal Hygiene



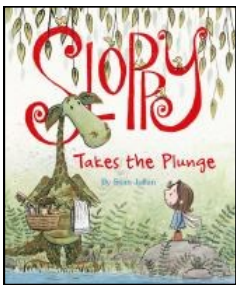
Gogerly, L. Keeping Clean. In this playful lesson of the importance of cleaning up after playing dirty, Karim and Kurt--two little boys who hate bathing and keeping clean--visit the zoo and see how animals groom themselves.

j 613 Gogerly



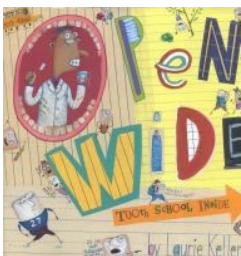
Hellman, B. Something Smells! Elliot wakes up one morning to the most terrible smell. But what could it be? Elliot searches high and low for the something that smells, but he just can't find it, and it's driving him and his nostrils crazy. Almost as bad, now his mother wants him to take a bath, which means taking off his super cool skeleton costume that he's been wearing since Halloween! The funny thing is, after Elliot finishes his bath and Mom puts his costume in the wash, something doesn't smell anymore...

jP Hellman



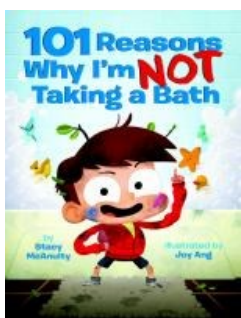
Julian, S. Sloppy Takes the Plunge. Sloppy the tree dragon is back and this time, he is jumping in puddles and getting completely muddy. His friend Dew-drop convinces him that he needs a bath, but only after he decides to set a good example for a group of reluctant ducklings by jumping into the crisp, clear water. To his amazement, Sloppy loves his bath and is finally clean enough to thank his friend for her encouragement with a big hug, and a bit of mischief!

jP Julian



Keller, L. Open Wide: Tooth School Inside. Best read with a toothbrush in hand, this hilarious book is full of interesting facts (for instance, George Washington's teeth were not made of wood, despite popular belief) and a classroom full of quirky characters. Young readers will laugh their way to a better appreciation for those pearly whites that beckon them to brush. And from there it's just a short hop to flossing.

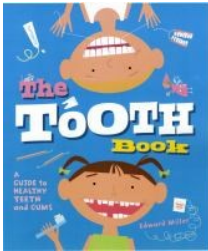
j 617.6 Keller



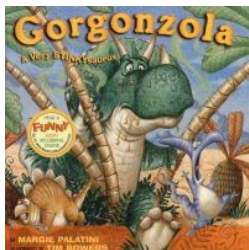
McAnulty, S. 101 Reasons Why I'm Not Taking A Bath. Sporting grimy skin and twiggy hair, a young boy decides to list the 101 reasons why bathing is not an appealing option. Starting with "I'm not dirty" and proceeding from there, the grubby kid plays every card in the deck. There are the expected excuses ("Monsters live in the drain"), the unexpected ("I have a self-cleaning button like the oven"—that would be a bellybutton), and the downright clever ("Most household accidents happen in the bathroom. Scientific fact!"). When confronted with the kicker that only 88 reasons have been listed the child re-

Keeping Clean: Personal Hygiene

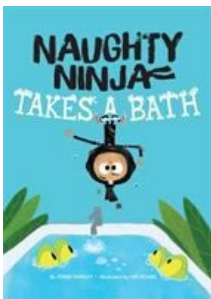
sponds with an additional 13 repetitions of “I don’t want to” In the end bath time is achieved, and the child has a sudden change of heart. jP McNulty



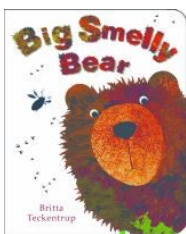
Miller, E. The Tooth Book: A Guide to Healthy Teeth and Gums. Taking good care of your teeth and gums is an important part of maintaining overall health. Full of straightforward advice and animated, colorful art, as well as some bite-sized bits of history and lore, this guide provides accessible information about taking care of your teeth. j 617.601 Miller



Palatini, M. Gorgonzola: A Very Stinkysaurus. Long, long ago, when dinosaurs ruled the land, there lived a dino who was the worst of them all: Gorgonzola. Not really large, not really scary, Gorgonzola was known near and far for his . . . D.O. Yes, dinosaur odor. From horn to toe, Gorgonzola was one serious stinker. That is, until a bold little birdie decides it’s high time to show this soap-challenged big boy just how to clean up his act. Young readers will laugh, squeal, and wrinkle their noses as this very stinkysaurus learns to freshen up. jP Palatini



Tarpley, T. Naughty Ninja Takes a Bath. After crossing raging rivers and tromping through the jungle, Naughty Ninja returns to his secret ninja training camp for lunch. But when he gets inside, his parents tell him he needs a bath. Before Naughty Ninja gets in the tub, he notices poisonous flies and an angry alligator circling his dad, who doesn’t even seem to know he’s in trouble. Good thing Naughty Ninja is around to save the day! jP Tarpley

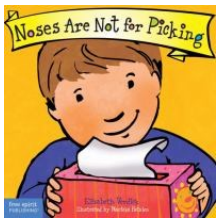


Teckentrup, B. Big Smelly Bear. It's never bath time for Big Smelly Bear: his smell is simply unBEARable! Then, one day, he wakes with an awful, unreachable itch. He could use a scratch from a friend, but he stinks so much that no one will help! Will Big Smelly Bear change his ways and bathe? Kids will love this lighthearted tale about keeping clean-and really relate to the bath-resistant adorable hero. j Board Teckentrup

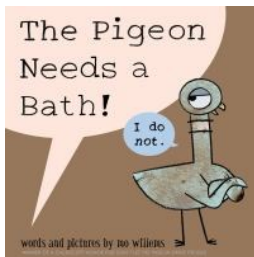


Tieck, S. Keep Clean. Looks at the aspects and benefits of personal hygiene, including health and body odor. j 613 Tieck

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Verdick, E. Noses Are Not For Picking. We've all seen it—the nose-picking habit starts as early as the toddler years, and no child is the exception. With gentle humor and kid-friendly support, this board book for toddlers and preschoolers helps guide little ones away from nose picking toward healthier habits, like using a tissue and washing their hands. Catchy words help children remember what to do; vibrant full-color illustrations bring the words to life. Throughout, the positive message shines through: noses are for breathing, sniffing, smelling . . . but not for picking! j Board Verdick



Willems, M. The Pigeon Needs a Bath! Persuasive Pigeon is back. He doesn't feel that he really needs a bath—after all, it's a "matter of opinion." "Clean" and "dirty" are "just words, right?" With a polished technique that logically approaches the problem, Pigeon speaks with a child's voice as he rationalizes his decision while forcefully questioning those who might even suggest that his personal hygiene and the flies buzzing around are not just "coincidental." Eventually, he is forced to submit, and—surprise, surprise—he likes it! jP Willems

Compiled by the Rochester Public Library Children's Room.

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