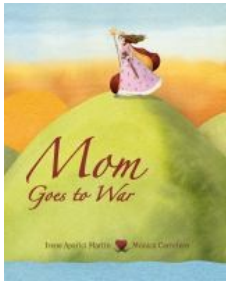


## Illness of a Parent or Grandparent



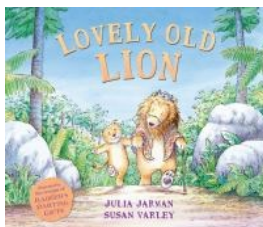
Aparici Martin, I. Mom Goes to War. In this heartening and hopeful book, a mother facing cancer uses the form of a fairy tale to explain her illness to her beloved sons. In the allegory, the woman's body becomes the battleground where a war against the illness is waged: her red and white blood cells are portrayed as soldiers, and cancerous cells as attacking rebels.

j PAR PIC Aparici Martin



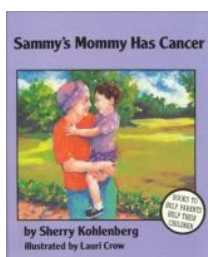
Butler, D. My Grandpa Had a Stroke. Ryan loves spending Saturdays with his Grandpa, riding in the truck, stopping at Morrie's Diner for breakfast, and fishing on Hall Lake. But when his grandfather has a stroke, everything suddenly changes. Now Ryan is confused and scared. He's worried about his grandfather. And he misses the special bond they shared. The story gently depicts how strokes can cause paralysis and what needs to be done to help the patient recover as fully as possible.

j PAR PIC Butler



Jarman, J. Lovely Old Lion. Young Lenny loves his grandfather, King Lion, very much. But Lenny has noticed that his grandpa is beginning to change from his once proud, kind, and stately self to a tired, forgetful, and sometimes not-so-kind fellow. Lenny gains understanding with a little help from Hippo, who explains that as King Lion gets old, "bits of him are wearing out" and that his brain isn't working quite as well as it did and so he forgets things. In this gentle story about dementia, mentions of Grandpa's issues and behavior are straightforward yet general, leaving room for adults to provide additional information as needed.

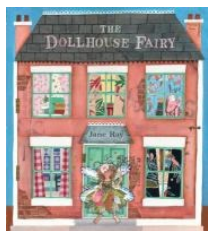
j PAR PIC Jarman



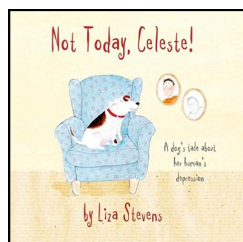
Kohlenberg, Sherry. Sammy's Mommy Has Cancer. This warm, sensitive, and straightforward story will help young children understand and accept the changes in their lives when a parent is diagnosed with a life-threatening illness. Parents will welcome this valuable aid in explaining the illness to their children. Sharing the book together, families will find encouragement in dealing with their sorrow, hopes, and small joys during a difficult time. Suggested activities for parents and children to do before, during, and after treatment are provided in the book's introduction.

j PAR PIC Kohlenberg

## Illness of a Parent or Grandparent

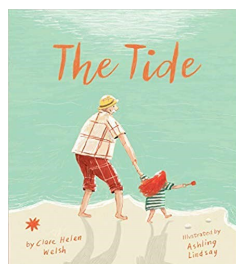


Ray, J. The Dollhouse Fairy. Rosy loves making special things for her dollhouse with her dad on Saturday mornings. When he suddenly goes into the hospital, Rosy worries about him, but she discovers a distraction inside the dollhouse. Suddenly, all is topsy-turvy, with furniture upended, and Thistle, a little fairy with a broken wing, has taken up residence. Rosy takes care of Thistle until she is well enough to fly. j PAR PIC Ray

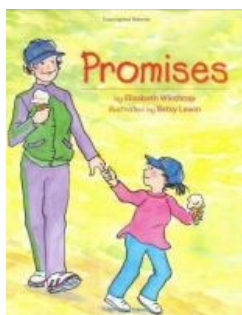


Stevens, L. Not Today, Celeste!: A Dog's Tale about Her Human's Depression. Celeste is a happy dog who loves her human, Rupert. The young man provides her with everything she could want, from treats and cuddles to walks and plenty of playtime. Then one day, "something different" comes over Rupert, keeping him from enjoying his time with Celeste and even getting in the way of his ability to care for her. Rupert changes from full color to gray when he begins to feel depressed, and while his color has returned by the end, the text makes it clear that his depression hasn't gone away entirely. An extensive note written by a mental health specialist offers guidelines for sharing the book with young children and suggests ways to continue the conversation.

j PAR PIC Stevens



Walsh, C. The Tide. A young girl loves her grandpa so much! When they spend the day at the beach, she holds his hand as they go for a walk, and they build sand castles together. But sometimes, it's difficult, because Grandpa has become forgetful. "Grandpa's memories are like the tide," Mommy explains. "Sometimes, they're near and full of life. Other times, they're distant and quiet." A story about families, laughter, and how we can help a loved one with dementia live well. j PAR PIC Winthrop (On order February 2020)



Winthrop, E. Promises. At the opening of this moving and ultimately hopeful story, Sarah's mother is ill. During her treatment she seems to get sicker and sicker. After a long time, her mother starts feeling better. But Sarah still has one more difficult discovery to make: Her mom can't promise that she'll never get sick again. She can make other promises, though, and those special promises are enough for now. j PAR PIC Winthrop

Compiled by the Rochester Public Library Children's Room

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